JANUARY 2024 **MIDDLE** STUDENTS EAT FREE

MONDAY

TUESDAY

<u>,.....</u>

WEDNESDAY

THURSDAY

FRIDAY

NEW YEAR'S DAY NO SCHOOL

PIZZA CRUNCHERS W/ MARINARA SAUCE YOGURT OR SALAD PLATE GRILLED CHEESE / MTO CARROTS FRUIT

3

PASTA & MEATSAUCE YOGURT OR SALAD PLATE CHICKEN BREAST / MTO CORN FRUIT

4

CHEESEBURGER ON BUN YOGURT OR SALAD PLATE CHICKEN PATTY / MTO VEGETARIAN BÉANS FRUIT

CHEESE PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO BROCCOLI **FRUIT**

LUNCH 2023-2024

FREE 2ND LUNCH \$2.00

MY SCHOOL BUCKS FOR ONLINE PAYMENTS U.S. currency only Checks made out to "ROYALTON HARTLAND CSD"

A LA CARTE **MILK** \$.50 **ICE CREAM CUP** \$1.00 **ICE CREAM NOVEL \$1.30 CHIPS** \$.75 **SALT & VIN** \$1.30 \$ 1.00 COOKIES **BELLY BEARS** \$.40

CHOOSE: \$2.00 \$2.00

ENTRÉE MUST 1 OR 2 FRUITS VEG

1 MILK

MAY

CHOOSE:

ENTRÉE

MUST

CHOOSE:

1 OR 2

FRUITS

VEG.

MILK

CHOOSE: 1 ENTRÉE MUST CHOOSE: FRUITS/

1 MILK

MAY

CHICKEN PATTY ON BUN YOGURT OR SALAD PLATE CHEESEBURGER / MTO GREEN BEANS **FRUIT**

9

DORITO TACO IN A BAG W/ LETTUCE & CHEESE YOGURT OR SALAD PLATE **GRILLED CHEESE / MTO** CARROTS **FRUIT**

10

POPCORN CHICKEN BOWL YOGURT OR SALAD PLATE CHICKEN BREAST / MTO MASHED POTATOES GRAVY/ CORN FRÚIT

11

SLOPPY TOF ON BUIN YOGURT OR SALAD PLATE CHICKEN PATTY / MTO VEGETARIAN BÉANS **FRUIT**

12

FRENCH BREAD PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO BROCCOLI FRUIT

MARTIN LUTHER KING JR DAY NO SCHOOL

16

MOZZARELLA STICKS W/ MARINARA SAUCE YOGURT OR SALAD PLATE **GRILLED CHEESE / MTO** CARROTS **FRUIT**

TURKEY & GRAVY YOGURT OR SALAD PLATE CHICKEN BREAST / MTO MASHED POTATOES STUFFING / CORN FRUÍT

18

SAHLEN HOTDOG ON BUN YOGURT OR SALAD PLATE CHICKEN PATTY / MTO VEGETARIAN BÉANS **FRUIT**

19

CHEESE PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO BROCCOLI FRUIT

BREAKFAST BREAKFAST 2023-2024

Breakfast 2ND BRFST

\$1.25

Mon: BAGEL

EPIC

FRUIT 66

Donut

EGG & CHEESE ON BUN

PILLSBURY MINI BAGEL

<u>Fri:</u> FRÜDEL

CEREAL, FRUIT & MILK **AVAILABLE WITH EVERY MEAL**

PULLED PORK ON BUN YOGURT OR SALAD PLATE CHEESEBURGER / MTO GREEN BEANS FRUIT

23

DORITO TACO IN A BAG W/ LETTUCE & CHEESE YOGURT OR SALAD PLATE GRILLED CHEESE / MTO **CARROTS FRUIT**

24

MOZZARELLA MELT W/ MARINARA SAUCE YOGURT OR SALAD PLATE CHICKEN BREAST / MTO CORN **FRUIT**

25

CHEESEBURGER ON BUN YOGURT OR SALAD PLATE CHICKEN PATTY / MTO **NY POTATO CHIPS** FRUIT

26

SUPERINTENDENT CONFERENCE DAY NO SCHOOL

CHOOSE: ENTRÉE

MUST CHOOSE: 1 OR 2 FRUITS VEG.

мік

29

CHICKEN TENDERS YOGURT OR SALAD PLATE CHEESEBURGER / MTO GREEN BEANS FRUIT

30

PIZZA CRUNCHERS W/ MARINARA SAUCE YOGURT OR SALAD PLATE GRILLED CHEESE / MTO CARROTS FRUIT

31

CHICKEN & GRAVY YOGURT OR SALAD PLATE CHICKEN BREAST / MTO MASHED POTATOES CORN FRUIT



MAIN ENTRÉE HOT SANDWICH COLD MTO WRAP (MADE TO ORDER) COLD SALAD PLATÉ PEANUT BUTTER & JELLY OFFERED DAILY

ROYHART MIDDLE SCHOOL

MENU is subject to change, notice given when possible. USDA is an equal opportunity provider and employer.